
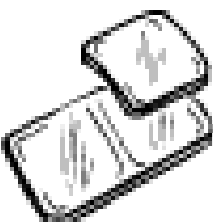


			
<b>Turkey</b>	<b>Eggs</b>	<b>Butter</b>	<b>Ice Cream</b>
			
<b>Yogurt</b>	<b>Candy</b>	<b>Candy</b>	<b>Bread</b>
			
<b>Pretzel</b>	<b>Muffin</b>	<b>Bagel</b>	<b>Cereal</b>
			
<b>Rice</b>	<b>Crackers</b>	<b>Cornbread</b>	<b>Pasta</b>

## Food Cards

Try using these food cards one of these ways:

- Let students select a card and ask them to bring in that particular food for the other students to sample.
- Have students select a card to research. Instruct them to find out where and how the food is grown or how it is manufactured and/or processed.
- Tell students to categorize the cards into the groups shown on the Nutrition Pyramid.



**Broccoli**



**Brussel Sprouts**



**Pepper**



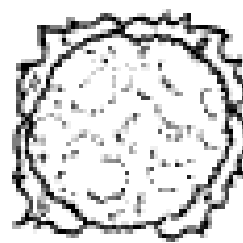
**Squash**



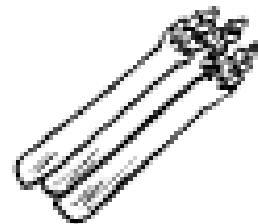
**Cucumber**



**Peas**



**Cauliflower**



**Asparagus**



**Carrot**



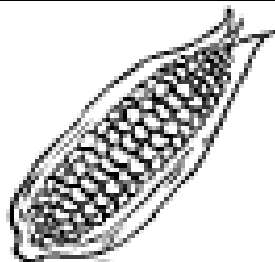
**Lettuce**



**Spinach**



**Celery**



**Corn**



**Cabbage**



**Potato**



**Radish**



**Mushrooms**



**Onion**



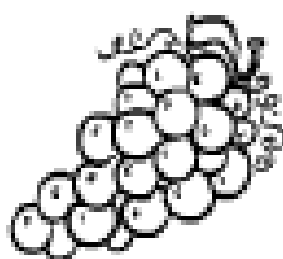
**Tomato**



**Sweet Potato**



**Apple**



**Grapes**



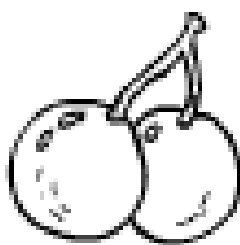
**Banana**



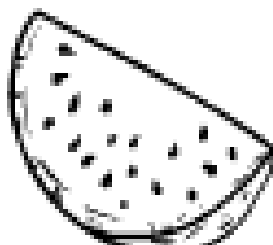
**Peach**



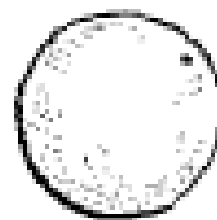
**Strawberry**



**Cherries**



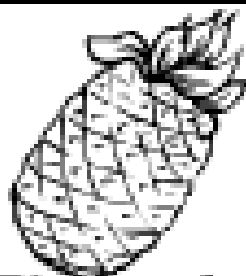
**Watermelon**



**Orange**



**Melon**



**Pineapple**



**Plum**



**Pear**



**Beef**



**Chicken**



**Milk**



**Cheese**



**Beans**



**Pork**



**Nuts**



**Fish**