

Name: Aidan

Problem: You are reading to self while Mrs. Delgado works with a small group. The class should be working quietly on their reading or independent work, but two of your friends are whispering and throwing little pieces of paper at you to get your attention. What should you do?

List your strengths, interests, and experiences that could help you solve the problem and explain why they could help you.

Strengths:

What do I do well that can help me solve this problem?

- I am calm when people bug me.
- I can tell people to stop in a nice way.
- I am good at reading so maybe it won't bother me.

Interests:

Which of my interests can help me solve this problem?

- I like reading, so I will want to keep reading and not talk to the girls.

Experiences:

Have I experienced this problem in the past? What did I do to solve it?

- This happened last year and the girls wouldn't stop. I got so mad I yelled at them, and we all got in trouble.
- It's distracting to me when I try to work in small group and kids in the class are playing around. I don't want to distract other kids because I don't like it when they distract me.

Name: Ashlyn

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List your strengths, interests, and experiences that could help you solve the problem and explain why they could help you.

Strengths:

What do I do well that can help me solve this problem?

- I try to always speak kindly.
- I try to always follow the rules.
- I am a peer mediator.

Interests:

Which of my interests can help me solve this problem?

- I am interested in people getting along.
- I like school and want to do well, so I don't play around in class.

Experiences:

Have I experienced this problem in the past? What did I do to solve it?

- Sometimes when I am supposed to be reading Gabi talks to me. We whisper, but sometimes people get mad at us and say "Shh!". I don't like that.

Name: *Madison*

Problem: *You are reading to self while Mrs. Delgado works with a small group. The class should be working quietly on their reading or independent work, but two of your friends are whispering and throwing little pieces of paper at you to get your attention. What should you do?*

List your strengths, interests, and experiences that could help you solve the problem and explain why they could help you.

Strengths:

What do I do well that can help me solve this problem?

- *I am good at ignoring people when I'm reading.*
- *I like to be by myself.*

Interests:

Which of my interests can help me solve this problem?

- *I like reading better than talking to people so I won't want to talk to those girls.*

Experiences:

Have I experienced this problem in the past? What did I do to solve it?

- *I always try to find a quiet place to read so no one will bother me.*
- *When people start talking to me, I move.*